

ALDERSHOT ADULT SWIMMING CLUB

MEETS HERE EVERY WEDNESDAY EVENING
BETWEEN 9PM and 10PM

**FREE TRIAL ADULT
SWIMMING LESSON**

**INCLUDES FULL ASSESSMENT OF YOUR
STRENGTHS AND NEEDS.**

9 lessons tailored to your needs £60

**SWIM WITH OUR CLUB
NEW MEMBERS ALWAYS
WELCOME**

**Obtain water confidence & awareness
Learn new strokes in a club environment
Improve your fitness**

Interested contact

**Stephen on <https://www.facebook.com/aldershotasc>
or Ken at Alderswim17@gmail.com
or ring 01252311185**